

EVERYONE HAS A STORY

Reason why: _____

Mon

Photo Lens for today: { Relationship} - relationship to stuff, to job to people " like Mondays are ... goals are for today , I want too"

Photo Minimum Requirements for the day: *can take more but must at least have this amount to fill album*

2 -large horizontal photos for 8x10

4- vertical 3x4 images

4x6 images

4- 4x10 panoramic images (or able to crop)

Other voices:

Images— (6 photos) 3- horizontal 3-vertical

Screen shots from texts of the day or journaling : (screenshots) _____ (qty)

Journaling: _____

Required things of the day: *these items I need to make sure are captured every day!*

- ◇ Front page app for daily newspaper
- ◇ Weather for photo
- ◇ Sunrise photo
- ◇ Sunset photo
- ◇ Outfit daily
- ◇ Max photo
- ◇ Jack photo

Journaling from the day: _____

Breakfast: _____ Lunch: _____ Dinner: _____

Woke up: _____ Went to bed: _____ anything odd happen? _____ stay home all day? _____ both work? _____ audio book? _____ **by the numbers:** water drank: _____ monsters drank(dan) _____ social media time: _____ photos taken: _____ shows watched: _____ issues resolved: _____ file net worked _____ miles driven: _____ hours slept: _____ laundry loads: _____ text messages _____ songs heard: _____ meals eaten: _____ emails: _____ Meetings: _____



Photo Lens for today: {outdoors in my world}

Photo Minimum Requirements for the day: **can take more but must at least have this amount to fill album**

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4- 4x 10 panoramic images (or able to crop)

Other voices:

Images— (6 photos) 3- horizontal 3-vertical

Screen shots from texts of the day or journaling : (screenshots) _____ (qty)

Journaling: _____

Breakfast: _____ Lunch: _____ Dinner: _____

Woke up: _____ Went to bed: _____ anything odd happen? _____ stay home
all day? _____ both work? _____ audio book? _____ **by the numbers:** water drank: _____ monsters
drank(dan) _____ social media time: _____ photos taken: _____ shows watched: _____ issues resolved: _____ file net worked _____
miles driven: _____ hours slept: _____ laundry loads: _____ text messages _____ songs heard: _____ meals eaten: _____
emails: _____ Meetings: _____

wed

Photo Lens for today: { things I love about family through my eyes }

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4- 4x 10 panoramic images (or able to crop)

Other voices:

Images— (6 photos) 3- horizontal _____ 3-vertical _____

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Meetings: _____

Photo Lens for today: { the world around me and just how I see...}

Thurs

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4- 4x 10 panoramic images (or able to crop)

Other voices:
Images— (6 photos) 3- horizontal 3-vertical

Screen shots from texts of the day or journaling : (screenshots) _____ (qty)

Journaling: _____

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Journaling from the day:

Breakfast: _____ Lunch: _____ Dinner: _____

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miles driven: _____ hours slept: _____ laundry loads: _____ text messages _____ songs heard: _____ meals eaten: _____
emails: _____ Meetings: _____

fy

Photo Lens for today: { I overheard you say... but what I thought you said }

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4x6 images

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Other voices:

Images— (6 photos) 3- horizontal 3-vertical

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Meetings: _____



Photo Lens for today: { what matters ... til it don't..}

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